



EDITION #10

PRO ULTIMATE GYMS

MONTHLY NEWSLETTER **MAY 2025**

what's New? 
TITLE SPONSOR
OF



< *Announcements* >

**NEW BRANCHES IN
DEHRADUN!**

**COMING
SOON**

**INTRODUCING THE
PROULTIMATE x INBODY
BCA MACHINE**

TRAINERS OF THE MONTH



Vansh

Pro Ultimate Gyms,
Airport Road, Mohali



Mitesh

Pro Ultimate Gyms,
Ambala Cantt, Haryana



Karan

Pro Ultimate Gyms,
Ambala City, Haryana



Yash

Pro Ultimate Gyms,
Ambala City, Haryana



Parav

Pro Ultimate Gyms,
100 Ft Road, Bathinda



Palash Gupta

Pro Ultimate Gyms,
Hargobind Enclave, Delhi



Sagar

Pro Ultimate Gyms,
Ludhiana, Punjab



Ved Prakash

Pro Ultimate Gyms,
Mahavir Enclave, Delhi



Rahul Choudhary

Pro Ultimate Gyms,
Model Town, Delhi



Abhishek

Pro Ultimate Gyms,
Palam Vihar, Gurugram



Ankush

Pro Ultimate Gyms,
Patila Road, Zirakpur



Krishnam

Pro Ultimate Gyms,
Urban Estate, Patiala

TRAINERS OF THE MONTH



Raman

Pro Ultimate Gyms,
Urban Estate, Patiala



Amandeep

Pro Ultimate Gyms,
Phase 11, Mohali



Ramesh Dahiya

Pro Ultimate Gyms,
Rewari, Haryana



Anish

Pro Ultimate Gyms,
Ropar, Punjab



Rohan Ridhlan

Pro Ultimate Gyms,
Saket, New Delhi



Anup

Pro Ultimate Gyms,
Sector 7, Gurgaon



Nishu

Pro Ultimate Gyms,
Sector 14, Gurgaon



Satyam

Pro Ultimate Gyms,
Sector 14, Panchkula



Vivan

Pro Ultimate Gyms,
Sector 38, Chandigarh



Sparsh

Pro Ultimate Gyms,
Sector 44, Chandigarh



Rajat

Pro Ultimate Gyms,
Sector 46, Chandigarh



Mohit

Pro Ultimate Gyms,
Sector 70, Mohali

TRAINERS OF THE MONTH



Sanjeev

Pro Ultimate Gyms,
Sector 70, Mohali



Parikshit

Pro Ultimate Gyms,
Sector 71, Mohali



Jaspreet Singh

Pro Ultimate Gyms,
Sector 89, Mohali



Sawan

Pro Ultimate Gyms,
Sector 91, Mohali



Rahul

Pro Ultimate Gyms,
Sunny Enclave, Mohali



Akash

Pro Ultimate Gyms,
TDI 117, Mohali



Amit

Pro Ultimate Gyms,
Wave 85, Mohali



**YOU CAN BE
NEXT**

BRANCHES OF THE MONTH



**Pro Ultimate Gyms,
Ropar, Punjab**



**Pro Ultimate Gyms,
Sector 48, Gurgaon**

AREA SALES MANAGER OF THE MONTH



Shalini Sharma

Pro Ultimate Gyms

FLOOR MANAGER OF THE MONTH



Ravi

Sector 48, Gurgaon

FLOOR MANAGER OF THE MONTH



Arshinder Singh

Sector 91, Mohali



**YOU CAN BE
NEXT**

NEWLY PROMOTED SENIOR SALES EXECUTIVES



Pro Ultimate Gyms

NEWLY PROMOTED FLOOR MANAGERS



Deep Chadha

Ambala Cantt, Haryana



Surjeet Singh

Phase 2, Mohali



NEW BRANCHES

NOW OPEN

**Sector 102, Gurugram
Urban Estate, Ludhiana**



OPENING SOON

**Kurukshetra
Lucknow, UP
Sector 23, Dwarka
Ashok Vihar, Delhi
Sector 62, Gurugram
Panipat, Haryana
Muktsar, Punjab
Jaipur, Rajasthan
GMS Road, Dehradun
Rajender Nagar, Dehradun
Pitampura, Delhi
Ludhiana (Chd. Rd.), Punjab
Ramesh Nagar, Delhi
Sector 17, Dwarka
Sector 49, Noida**

FASTEST GROWING INDIAN GYM CHAIN



PRO ULTIMATE

GYMS • EQUIPMENT • ACADEMY • APPARELS

Presents



We are coming to

IHFF

HEALTH, SPORTS, FITNESS & WELLNESS EXPO

30 May - 1 June

PRAGATI MAIDAN, DELHI

EVENTS

VAISAKHI MELA AT WAVE 85 SOCIETY SPONSORED BY "PRO ULTIMATE GYMS"

We lit up the Vaishakhi Mela 2025 at Wave 85, Mohali with energy, excitement, and fitness spirit! Sponsored by Pro Ultimate Gyms, the event featured vibrant vibes, exclusive goodies, and exciting cash giveaways. Thank you to everyone who joined us – it was an unforgettable celebration of strength and community!



ਵਿਸਾਖੀ ਮੇਲਾ 2025

VISAKHI MELA 2025

An Exclusive Cultural & Festive Celebration

Date: April 12, 2025, Time: 5:00pm - 9:00pm

WAVE ESTATE, SECTOR 85-88, MOHALI

Organizers: Punjabi Virsa Lok Manch & Wave Estate Residents

Call: 98034-00216, 94172-61099

ਵਿਸਾਖੀ MELA 2025

EVENT OVERVIEW

- A grand cultural celebration featuring Punjabi dance performances like Bhangra, Gidha, Malwai Gidha, Joomar, Luddi, along with Punjabi Folk Singers, Traditional Folk Instruments, Kids' Fancy Dress, Games, and unlimited fun!
- Expected 2000+ attendees from the elite and premium-class residents of Wave Estate.
- Includes 15+ stalls for delicious food, fashion, jewelry, clothing, camel rides, and a free bouncy house for kids.
- Duration: 5-6 hours (Time: 5:00pm - 9:00pm)
- Venue: Gate #5 Ground, Wave Estate

WAVE ESTATE, SECTOR 85-88, MOHALI
98034-00216, 94172-61099

ਵਿਸਾਖੀ MELA 2025

PERFORMANCE

- Bhangra - High-energy dance performance.
- Gidha - Traditional Punjabi women's dance.
- Malwai Gidha - Folk dance by elderly men.
- Joomar - Graceful folk dance.
- Luddi - Energetic celebratory dance.
- Punjabi Folk Singers - Live traditional music.
- Folk Instrumental Music - Tumbi, Algoza, and Dhol.
- Kids' Fancy Dress - Traditional and cultural themes.
- Games & Competitions - Audience engagement activities.
- Cultural Acts - Theatrical performances.

Training/Meeting	Date	Venue
	5th June (Friday)	Office

EVENTS

RECONNAISSANCE 2025 AT ASCE PEC COLLEGE SPONSORED BY "PRO ULTIMATE GYMS"

Pro Ultimate Gyms was honored to sponsor RECONNAISSANCE 2025 at ASCE PEC College! The event brought together innovation, enthusiasm, and future leaders — and we were thrilled to be a part of it. We also shared some cool goodies with the participants to fuel their energy and excitement! Here's to more collaborations that promote strength — both mentally and physically.



EVENTS

RIWAYAT EVENT AT GGDSD COLLEGE SPONSORED BY "PRO ULTIMATE GYMS"

Pro Ultimate Gyms proudly sponsored the Riwayat event held at GGDSD College, Sector 32, Chandigarh. As part of our commitment to promoting health and fitness among the youth, we distributed free trial cards to attendees, giving them a chance to experience our state-of-the-art gym facilities and expert training sessions. The energy at the event was incredible, and it was great to see so many students excited about taking their fitness journey to the next level.



ANNOUNCEMENTS

PROUD MOMENT FOR PRO ULTIMATE GYMS 1ST USER OF THE PRO ULTIMATE X INBODY BCA MACHINE

We're excited to share that our Hubli, Karnataka branch, owned by Mr. Satish Jadhav, has successfully installed the Pro Ultimate X Inbody BCA Machine. This upgrade reflects our ongoing commitment to innovation and service excellence. With this advanced system, Mr. Satish is set to boost gym performance and sales, supported by a strong cost recovery plan to ensure quick returns on investment.



For gyms looking to level up, now's the time to bring in the Pro Ultimate X Inbody BCA Machine.

CALL: Tanya: 77430 01270 | Mini: 90567 60894

TESTIMONIALS

BY FRANCHISE PARTNERS



ROHIT MADAN

SECTOR 89, MOHALI

Partnering with Pro Ultimate has been an incredible journey! The systems are streamlined, the training is top-notch, and the community is inspiring. I launched faster than I expected and started seeing returns in just a few months. If you're thinking about it—do it. You won't regret joining this amazing team.

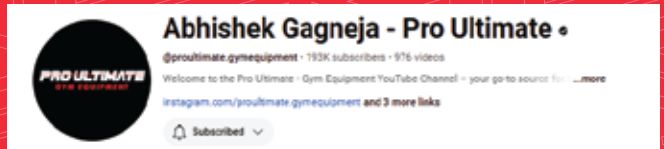
RUPALI MOLARI

SECTOR 46, CHANDIGARH

I started my journey with Pro Ultimate Gym in 2017 as a fresher, thanks to the opportunity given by Abhishek Gagneja Sir. With guidance from Mohinder Sir and support from the leadership, I grew from Sales Executive to the first Area Sales Manager. In 2023, I became a Business Partner at Sector 46 and was promoted as the first Regional Sales Manager. Grateful for the trust and support!



NEW ON YOUTUBE



Premium Gym Interior In Low Budget | Pro Ultimate

1.3K views • 17 hours ago



1000+ Machines Workout In Pro Ultimate Showroom | Varinder Singh...

4.7K views • 12 days ago



Thailand Gym Tour GONE WRONG 🤔 Honest Review 🤔

1.3K views • 2 weeks ago



1 Crore SALES in just 3 Months? 🤯

1.8K views • 3 weeks ago



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IMPORTANT



SCHEDULE FOR JUNE 2025

Training / Meeting	Date	Venue	For
Sales Meeting	6 th June	Offline - Corporate office	Tricity Branches
	7 th June	Offline - NCR	NCR Branches
	9 th June	Offline - Corporate office	Other Regions
	10 th June	Online	Remote Branches
Refreshers Training - Sales Staff	20 th June	Offline - Corporate office	Sales Staff
Trainer's Refresher Training	12 th & 13 th June	Offline - Corporate office	Owners, New Hire Sales Staff & Floor Managers



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