



EDITION #13

PRO ULTIMATE GYMS

MONTHLY NEWSLETTER

AUGUST 2025

< Big Announcement >

OUR FIRST INTERNATIONAL BRANCH IN DUBAI



TRAINERS OF THE MONTH



Aamir

Pro Ultimate Gyms,
Mahavir Enclave, New Delhi



Abhishek

Pro Ultimate Gyms,
Ambala Cantt.



Abhishek

Pro Ultimate Gyms,
Palam Vihar, Gurugram



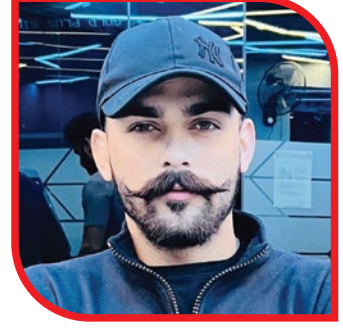
Azmat Ali

Pro Ultimate Gyms,
Palam Vihar, Gurugram



Abhishek

Pro Ultimate Gyms,
Sector 32, Chandigarh



Akshay

Pro Ultimate Gyms,
Ambala Road, Zirakpur



Amit

Pro Ultimate Gyms,
Sector 48, Gurugram



Amrit

Pro Ultimate Gyms,
Khanna



Anish

Pro Ultimate Gyms,
Ropar, Punjab



Anmol

Pro Ultimate Gyms,
Kapurthala



Davinder Singh

Pro Ultimate Gyms,
100ft. Road, Bathinda



Gurpreet

Pro Ultimate Gyms,
Sector 89, Mohali

TRAINERS OF THE MONTH



Hameed

Pro Ultimate Gyms,
Park Panorama, Bathinda



Harkirat Singh

Pro Ultimate Gyms,
Airport Road, Mohali



Harpreet

Pro Ultimate Gyms,
Bhupendra Road, Patiala



Harsh

Pro Ultimate Gyms,
Sector 22, Chandigarh



Hitesh

Pro Ultimate Gyms,
MDC, Panchkula



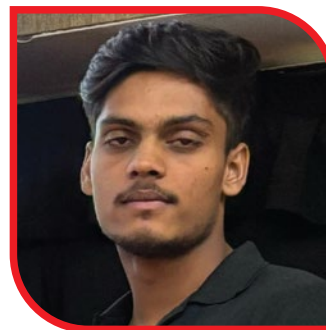
Hussain

Pro Ultimate Gyms,
Hubballi, Karnataka



Ishwar

Pro Ultimate Gyms,
Urban Estate, Patiala



Jagmohan

Pro Ultimate Gyms,
Sector 102, Gurugram



Karanjot

Pro Ultimate Gyms,
Sector 71, Mohali



Kailash

Pro Ultimate Gyms,
Model Town, Ambala



Kuljit

Pro Ultimate Gyms,
Bestech, Mohali



Lalit

Pro Ultimate Gyms,
Sector 14, Panchkula

TRAINERS OF THE MONTH



Mohit

Pro Ultimate Gyms,
Emaar, Mohali Hills



Mohit

Pro Ultimate Gyms,
Sector 70, Mohali



Mohit Yadav

Pro Ultimate Gyms,
Ambala Cantt.



Moni

Pro Ultimate Gyms,
Rajpura, Punjab



Ayandeep

Pro Ultimate Gyms,
Model Town, New Delhi



Tushar

Pro Ultimate Gyms,
Sector 48, Gurugram



Brijmohan

Pro Ultimate Gyms,
Ramesh Nagar, Delhi



Palash Gupta

Pro Ultimate Gyms,
Hargobind Enclave, Delhi



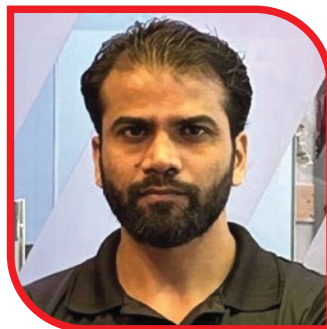
Naveen

Pro Ultimate Gyms,
Dhakoli, Zirakpur



Praveen

Pro Ultimate Gyms,
Sector 102, Gurugram



Parikshit

Pro Ultimate Gyms,
Sector 71, Mohali



Rahul

Pro Ultimate Gyms,
Faridabad

TRAINERS OF THE MONTH



Rahul

Pro Ultimate Gyms,
Hyderabad, Telangana



Rajat

Pro Ultimate Gyms,
Sector 46, Chandigarh



Rohit

Pro Ultimate Gyms,
Sector 8, Panchkula



Sahil

Pro Ultimate Gyms,
Dhakoli, Zirakpur



Sahil

Pro Ultimate Gyms,
Sunny Enclave, Kharar



Sawan

Pro Ultimate Gyms,
Sector 91, Mohali



Shahrukh

Pro Ultimate Gyms,
Sector 7, Gurugram



Shivam

Pro Ultimate Gyms,
Bank Square, Kharar



Shivam

Pro Ultimate Gyms,
Wave Estate, Mohali



Shubham

Pro Ultimate Gyms,
Sector 117, TDI, Mohali



Siddhant

Pro Ultimate Gyms,
Bestech, Mohali



Sparsh

Pro Ultimate Gyms,
Sector-44, Chandigarh

TRAINERS OF THE MONTH



Sukhdeep Singh

Pro Ultimate Gyms,
Parasram Nagar, Bathinda



Vali

Pro Ultimate Gyms,
Patiala Road, Zirakpur



Vicky

Pro Ultimate Gyms,
Sector 127, Landran



Vijay

Pro Ultimate Gyms,
Omaxe Plaza, Ludhiana



Vikrant

Pro Ultimate Gyms,
Sirhind, Punjab



Vinay

Pro Ultimate Gyms,
Sector 38, Chandigarh



Suhail

Pro Ultimate Gyms,
Saket, New Delhi



Mukesh

Pro Ultimate Gyms,
Phase 2, Mohali



Jashan

Pro Ultimate Gyms,
Phase 11, Mohali

Congratulations to all the Winners!

Your hard work and dedication are clearly reflected in the impressive numbers you've achieved. Best of luck to all the other trainers from all the gyms for next month! Keep up the great work !

SPECIAL ACHIEVEMENTS OF THE MONTH



BEST TRAINER AWARD – Mr. Palash Gupta
Highest PT Achieved in a single month
in Pro Ultimate Gyms' History



Pro Ultimate Gyms, Ramesh Nagar
Exceptional Sales in the Soft Launch

SPECIAL ACHIEVEMENTS OF THE MONTH



Pro Ultimate Gyms, Sector 38, Chandigarh
Exceptional Sales in July

FLOOR MANAGER OF THE MONTH



Himanshu
Model Town, Ambala

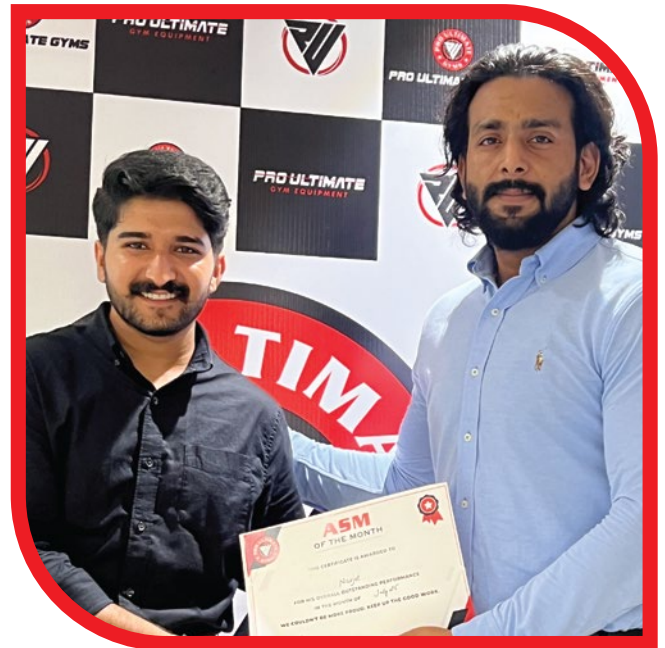


Jeetu
Rewari, Haryana

AREA SALES MANAGER OF THE MONTH



Lokesh Saini
Pro Ultimate Gyms



Navjot Singh
Pro Ultimate Gyms



Nishant Panwar
Pro Ultimate Gyms



**YOU CAN BE
NEXT**

BRANCHES OF THE MONTH



**Pro Ultimate Gyms,
Khanna, Punjab**



**Pro Ultimate Gyms,
Palam Vihar, Gurugram**

NEWLY PROMOTED **REGIONAL SALES MANAGER**



Navjot Singh
Pro Ultimate Gyms

NEWLY PROMOTED **SR SALES EXECUTIVE**



Anjali
Sector 48, Gurugram



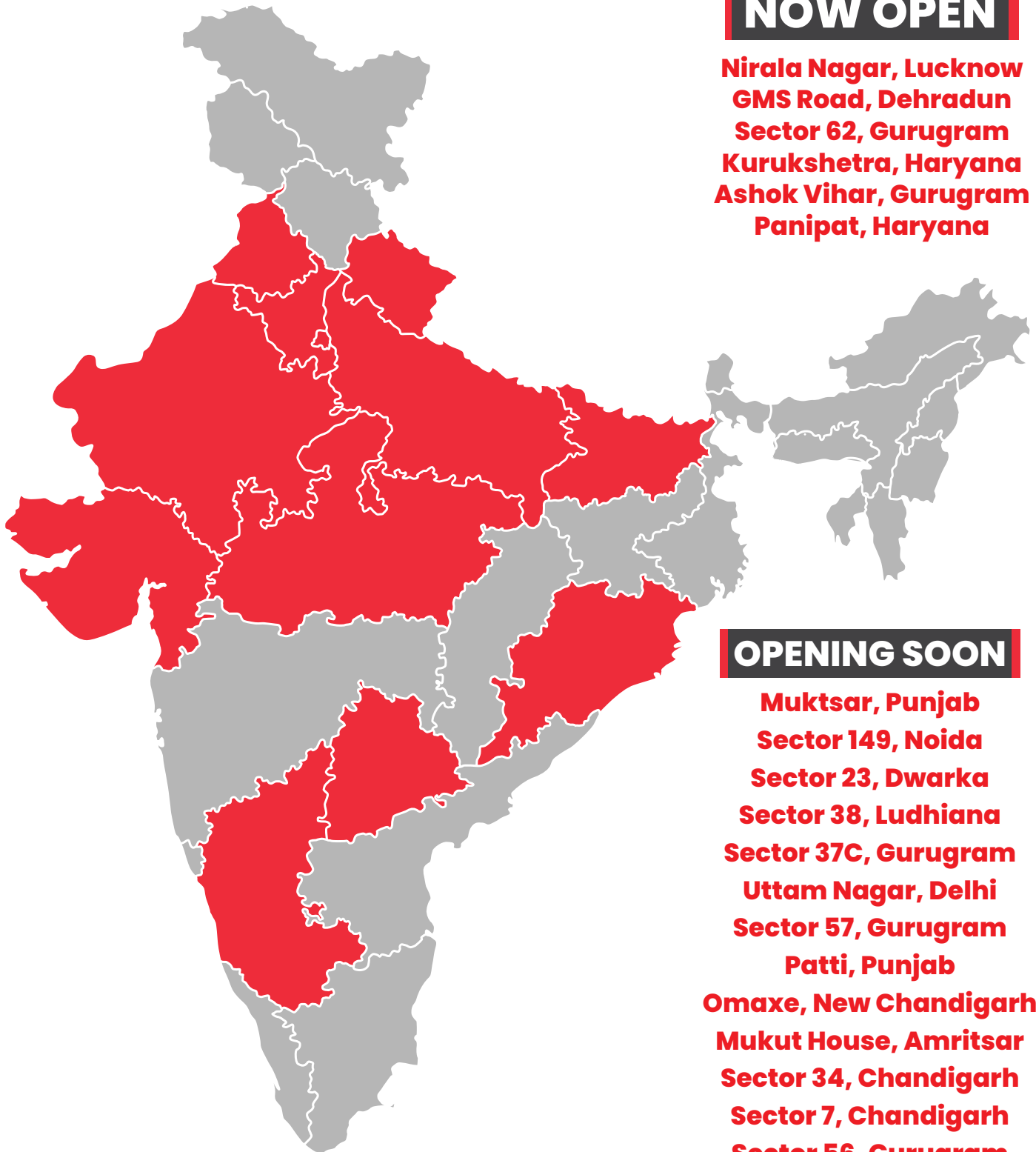
Shubham
Sector 102, Gurugram



NEW BRANCHES

NOW OPEN

Nirala Nagar, Lucknow
GMS Road, Dehradun
Sector 62, Gurugram
Kurukshetra, Haryana
Ashok Vihar, Gurugram
Panipat, Haryana



OPENING SOON

Muktsar, Punjab
Sector 149, Noida
Sector 23, Dwarka
Sector 38, Ludhiana
Sector 37C, Gurugram
Uttam Nagar, Delhi
Sector 57, Gurugram
Patti, Punjab
Omaxe, New Chandigarh
Mukut House, Amritsar
Sector 34, Chandigarh
Sector 7, Chandigarh
Sector 56, Gurugram
Geeta Colony, Delhi

INDIA'S FASTEST GROWING GYM CHAIN

EVENTS

TEEJ CELEBRATION SPONSORED BY "PRO ULTIMATE"

Pro Ultimate Gyms proudly sponsored a vibrant Teej celebration at Romeo Lane, Mohali, bringing together women from the community in a joyful and colorful gathering. The venue came alive with festive energy as women arrived dressed in beautiful ethnic attire and bright hues of red, yellow, and traditional patterns. The event celebrated culture, wellness, and womanhood with music, dance, and laughter echoing through the evening. It was a delightful blend of tradition and togetherness, made even more special by Pro Ultimate's commitment to empowering women and supporting local cultural festivities.



EVENTS

BEATING THE HEAT WITH CHABEEL AT PRO ULTIMATE GYMS

In the spirit of service and compassion, Pro Ultimate Gyms organized a Chabeel Seva across many branches to provide relief from the scorching summer heat. This humble yet heartfelt initiative aimed to spread smiles, keep the community cool and refreshed, and celebrate the joy of kindness. Members, staff, and visitors came together in a shared spirit of giving, creating an atmosphere filled with warmth, unity, and gratitude. The event not only offered physical relief but also strengthened the bond between the gyms and the community, reminding everyone that small acts of service can leave a lasting impact.



EVENTS

DIVING INTO FITNESS WITH AQUA ZUMBA AT PRO ULTIMATE GYMS

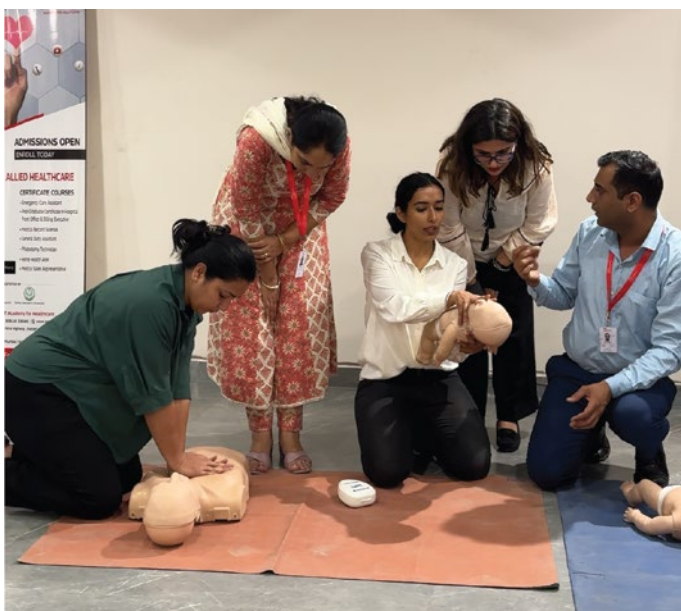
Pro Ultimate recently hosted a fun-filled Aqua Zumba session at various branches, bringing together fitness and entertainment in the most refreshing way. Members enjoyed high-energy dance workouts in the pool, combining cardio, strength, and flexibility with the added benefit of water resistance. The vibrant beats, lively atmosphere, and enthusiastic participation turned the sessions into a celebration of health, happiness, and community spirit.



EVENTS

CPR TRAINING AT CORPORATE OFFICE

Pro Ultimate Gyms recently conducted a comprehensive CPR training session at its corporate office, reinforcing its commitment to health, safety, and preparedness. The session was led by certified professionals who provided hands-on training in life-saving techniques, including chest compressions, rescue breaths, and the use of an AED. Employees actively participated, gaining valuable knowledge and practical skills to respond effectively in emergency situations. This initiative reflects Pro Ultimate's dedication to creating a safe and informed work environment, where every team member is empowered to take action when it matters most.



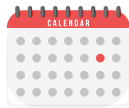
SPECIAL ANNOUNCEMENT

PRO ULTIMATE GYMS HEADS TO DUBAI **REDEFINING FITNESS WORLDWIDE**

Pro Ultimate Gyms is all set to make its international debut with an exciting new launch in Dubai! Known for redefining the fitness experience across India with state-of-the-art equipment, expert trainers, and a results-driven approach, Pro Ultimate is now bringing its premium fitness culture to the heart of the UAE. Whether you're a beginner or a seasoned athlete, our upcoming Dubai facility promises a world-class workout environment tailored to your goals. Get ready to experience unmatched energy, innovation, and transformation — because the ultimate fitness journey is about to begin in Dubai!



IMPORTANT



SCHEDULE FOR SEPTEMBER 2025

Training / Meeting	Date	Venue	For
Sales Meeting	5 th September	Offline – Corporate office	Tricity Branches
	6 th September	Offline – NCR	NCR Branches
	8 th September	Offline – Corporate office	Other Regions
	9 th September	Online	Remote Branches
New Joinee Induction & Software Training	17 th & 18 th September	Offline – Corporate office	Newly Hired Sales Staff, Trainers, Floor Managers & Owners
New Joinee Induction Training	17 th & 18 th September	Offline – NCR	Newly Hired Sales Staff, Trainers, Floor Managers & Owners
New Joinee Software Training	19 th September	Online – NCR	Newly Hired Sales Staff, Trainers, Floor Managers & Owners

TESTIMONIALS

BY FRANCHISE PARTNERS



ASHISH DOGRA

MUKUT HOUSE, AMRITSAR

My journey with Pro Ultimate began in 2023, though my admiration started in 2022 when I discovered them on YouTube and Instagram. From my first meeting with Suryansh Sir, I knew I was in the right place.

With the constant support of Abhishek Sir, Anupam Ma'am, and Suryansh Sir, I achieved every milestone in building my first gym at Mukut House, Amritsar.

Grateful for the guidance, motivation, and protection I've received, and excited to continue this journey as part of the Pro Ultimate family — on the path to becoming the world's No.1 gym brand!

ARJUN DOGRA

OMAXE, NEW CHANDIGARH

My journey with Pro Ultimate began in August 2023. I first came across the gym while working nearby, and following Abhishek Sir on Instagram further inspired me to join.

I started as a trainer under the guidance of Mohinder Sir and Mani Sir, whose constant support motivated me to grow. After six months, Anupam Ma'am entrusted me with the role of Floor Manager, a turning point in my career.

Working for 1.5 years under Mohinder Sir's mentorship shaped me both personally and professionally. Today, with the guidance and trust of my mentors, I feel proud to have become a partner at Pro Ultimate Gyms.



NEW ON YOUTUBE



Abhishek Gagneja - Pro Ultimate •

@proultimate.gymequipment • 247K subscribers • 1.2K videos

Welcome to the Pro Ultimate - Gym Equipment YouTube Channel - your go-to source for ...more
instagram.com/proultimate.gymequipment and 3 more links

Subscribed



BEST SELLING Treadmill in India | Treadmill 2900 | Pro Ultimate

1.4K views • 12 days ago



BEST Home Gym | Multi Gym Machine | Pro Ultimate

9.1K views • 2 weeks ago



Forearm Jungle | Price Revealed | Ultimate Machine | Pro Ultimate

1.7K views • 2 weeks ago



80+साल की उम्र में भी ऐसा जोश | Mr. Tripat Singh | Pro Ultimate | Motivation for Every...

1K views • 3 weeks ago



🔥 NEW LAUNCH: ISO Premium Imported Hammer Series | Pro Ultimate 🔥

10K views • 1 month ago



PRO ULTIMATE is Gym HEAVEN !

2K views • 1 month ago



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