



EDITION #14

PRO ULTIMATE GYMS

MONTHLY NEWSLETTER **SEPTEMBER 2025**

Crossing Oceans with a Vision

**UAE, ARE YOU READY TO
LEVEL UP YOUR FITNESS?**

TRAINERS OF THE MONTH



Mehar Singh

Pro Ultimate Gyms,
Bhikhiwind, Punjab



Abhishek

Pro Ultimate Gyms,
Ambala Cantt.



Abhishek

Pro Ultimate Gyms,
Sector 32, Chandigarh



Ajay

Pro Ultimate Gyms,
Dhakoli, Punjab



Ajay

Pro Ultimate Gyms,
Sector 70, Mohali



Akshay

Pro Ultimate Gyms,
Ambala Road, Zirakpur



Azmat Ali

Pro Ultimate Gyms,
Palam Vihar, Gurugram



Anshul

Pro Ultimate Gyms,
Park Panorama, Bathinda



Arun

Pro Ultimate Gyms,
Phase II, Punjab



Yash

Pro Ultimate Gyms,
Sector 102, Gurugram



Ranvijay

Pro Ultimate Gyms,
Sector 17, Dwarka



Gurpreet

Pro Ultimate Gyms,
Sector 89, Mohali

TRAINERS OF THE MONTH



Shivam Dixit

Pro Ultimate Gyms,
Hargobind Enclave, Delhi



Harsh

Pro Ultimate Gyms,
Sector 22, Aroma



Hussain

Pro Ultimate Gyms,
Hubballi, Karnataka



Ishwar

Pro Ultimate Gyms,
Urban Estate, Patiala



Kailash

Pro Ultimate Gyms,
Model Town, Ambala



Karan

Pro Ultimate Gyms,
Paras Ramnagar, Bathinda



Karan

Pro Ultimate Gyms,
Ambala



Kuljit

Pro Ultimate Gyms,
Bestech, Mohali



Ajeet

Pro Ultimate Gyms,
Mahavir Enclave, Delhi



Deepak

Pro Ultimate Gyms,
Model Town, Delhi



Mohit

Pro Ultimate Gyms,
Emaar Mohali Hills



Mohit

Pro Ultimate Gyms,
Ambala Cantt.

TRAINERS OF THE MONTH



Moni

Pro Ultimate Gyms,
Rajpura, Punjab



Naveen

Pro Ultimate Gyms,
Dhakoli, Zirakpur



Nishu

Pro Ultimate Gyms,
Sector 14, Gurugram



Nikhil

Pro Ultimate Gyms,
Sector 49, Noida



Anshul

Pro Ultimate Gyms,
Sector 8, Panchkula



Amarsh

Pro Ultimate Gyms,
Sector 8, Panchkula



Lalit

Pro Ultimate Gyms,
Sector 14, Panchkula



Pratham

Pro Ultimate Gyms,
Bhupindra Road, Patiala



Parikshit

Pro Ultimate Gyms,
Sector 71, Mohali



Areeb

Pro Ultimate Gyms,
Ramesh Nagar, Delhi



Sahil

Pro Ultimate Gyms,
Saket, New Delhi



Sawan

Pro Ultimate Gyms,
Sector 91, Mohali

TRAINERS OF THE MONTH



Shahrukh

Pro Ultimate Gyms,
Sector 7, Gurugram



Shivam

Pro Ultimate Gyms,
Wave Estate, Mohali



Chetan

Pro Ultimate Gyms,
Sector 44, Chandigarh



Tushar

Pro Ultimate Gyms,
Sector 48, Gurugram



Vali

Pro Ultimate Gyms,
Patiala Road, Zirakpur



Vivan

Pro Ultimate Gyms,
Sector 38, Chandigarh



Yash

Pro Ultimate Gyms,
Model Town, Ambala



**YOU CAN BE
NEXT**

Congratulations to all the Winners!

Your hard work and dedication are clearly reflected in the impressive performance you've given. Best of luck to all the other trainers from all the gyms for next month! Keep up the great work !

SPECIAL ACHIEVEMENTS OF THE MONTH



BEST TRAINER AWARD – Mr. Sunny Tyagi
Highest PT achieved in a single month
in Pro Ultimate Gyms' History

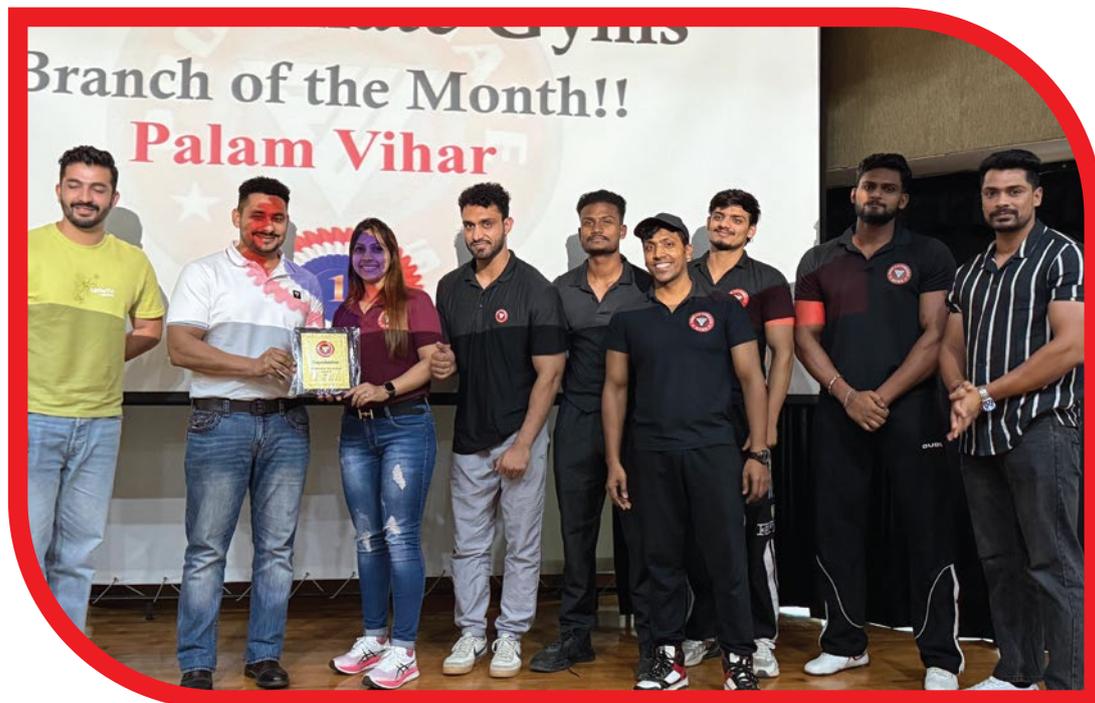


Pro Ultimate Gyms, Pitampura, Delhi
Exceptional Sales in the Soft Launch

BRANCHES OF THE MONTH



**Pro Ultimate Gyms,
Sector 38, Chandigarh**



**Pro Ultimate Gyms,
Palam Vihar, Gurugram**

BRANCHES OF THE MONTH



**Pro Ultimate Gyms,
Ropar, Punjab**



**Pro Ultimate Gyms,
Bhupindra Road, Patiala**

AREA SALES MANAGER OF THE MONTH



Sanjana
Pro Ultimate Gyms



**YOU CAN BE
NEXT**

FLOOR MANAGERS OF THE MONTH



Himanshu
Model Town, Ambala



Jeetu
Rewari, Haryana

FLOOR MANAGERS OF THE MONTH



Saurav
Sector 22, Chandigarh



Anoop
Sector 7, Gurugram

NEWLY PROMOTED SR SALES EXECUTIVE



Saloni Chauhan
Hargobind Enclave, Delhi



Prahlad
Pitampura, Delhi

NEWLY PROMOTED AREA SALES MANAGERS



Pankaj Kumar



Atul

NEWLY PROMOTED FLOOR MANAGERS



Yash

Sector 102, Gurugram



Abhishek

Sector 32C, Chandigarh

NEWLY PROMOTED **REGIONAL SALES MANAGER**



Mohak Makkar

Pro Ultimate Gyms



NEW BRANCHES

OPENING SOON IN TRICITY & PUNJAB

Muktsar, Punjab

Patti, Punjab

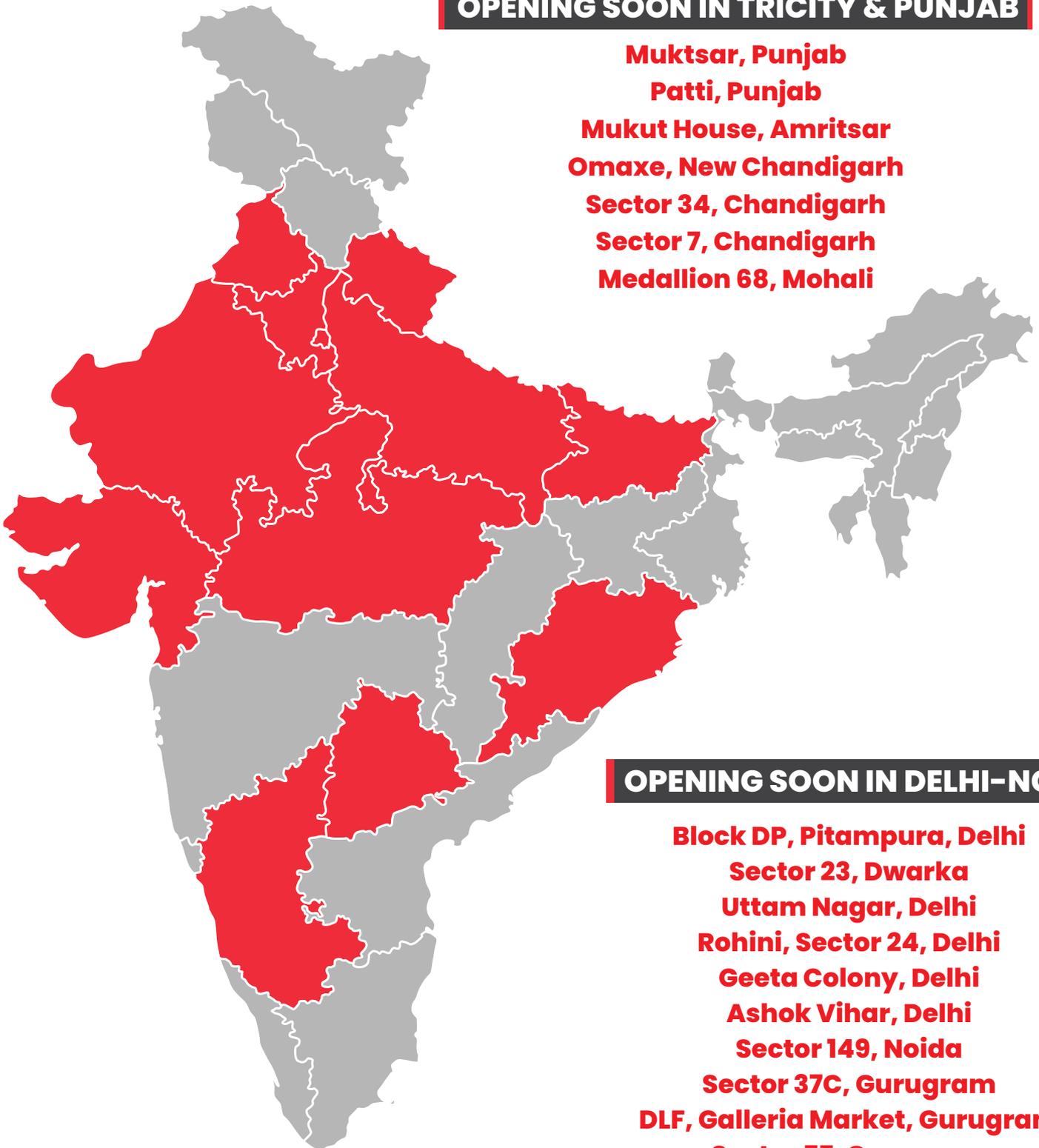
Mukut House, Amritsar

Omaxe, New Chandigarh

Sector 34, Chandigarh

Sector 7, Chandigarh

Medallion 68, Mohali



OPENING SOON IN DELHI-NCR

Block DP, Pitampura, Delhi

Sector 23, Dwarka

Uttam Nagar, Delhi

Rohini, Sector 24, Delhi

Geeta Colony, Delhi

Ashok Vihar, Delhi

Sector 149, Noida

Sector 37C, Gurugram

DLF, Galleria Market, Gurugram

Sector 57, Gurugram

Sector 56, Gurugram

INDIA'S FASTEST GROWING GYM CHAIN

EVENTS

EAT RIGHT WALKATHON & MELA SPONSORED BY "PRO ULTIMATE GYMS"

Pro Ultimate Gyms proudly supported the Eat Right Walkathon & Mela held on 23rd August 2025 at G.D. Goenka, Mohali – an inspiring initiative to **#StopObesity** and promote healthier lifestyles. The event brought together hundreds of participants for energizing warm-ups, an enthusiastic walkathon, and a vibrant wellness mela celebrating fitness, nutrition, and community spirit. It created a powerful platform to spread awareness about the importance of balanced diets and regular physical activity. Witnessing such passion for wellness has further strengthened our mission to build a fitter, healthier community. Together, we took a strong step towards a healthier, stronger future!



EVENTS

SPITI MARATHON: AN INDIAN ARMY INITIATIVE GYM PARTNER – PRO ULTIMATE GYMS

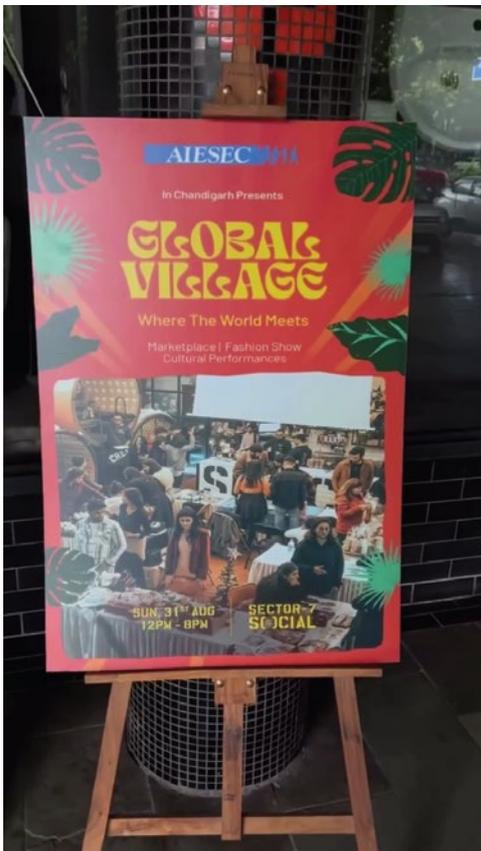
Pro Ultimate Gyms proudly joined hands with the Indian Army as the official Gym Partner for the Surya Spiti Challenge – Spiti Marathon held from 22nd to 24th August, 2025. Set against the breathtaking Himalayan backdrop, the marathon tested endurance, strength, and sheer determination with 42 km, 21 km, and 10 km runs at high altitude. Our association with this prestigious initiative reflects our commitment to building resilience, fitness, and a never-give-up spirit among athletes and fitness enthusiasts across the country. Together, we celebrated the spirit of courage, discipline, and peak performance!



EVENTS

PRO ULTIMATE GYMS AT AIESEC'S GLOBAL VILLAGE

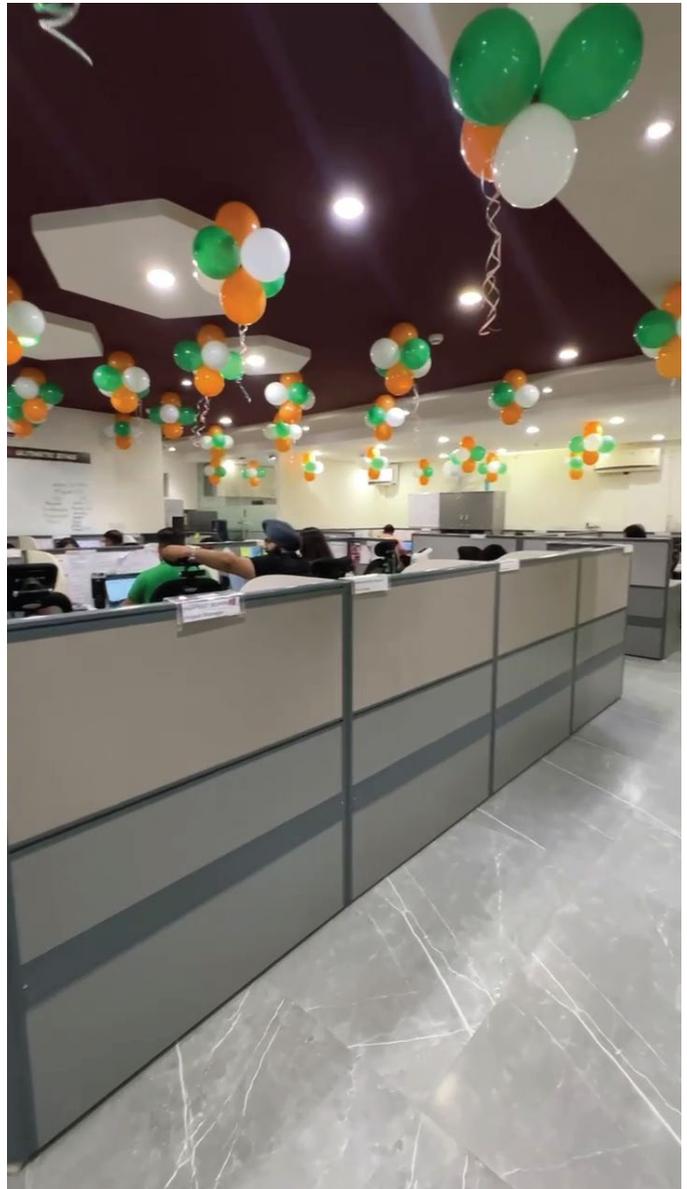
Pro Ultimate Gyms was thrilled to be a part of AIESEC Chandigarh's Global Village held on 31st August at Social, Sector 7, Chandigarh. The vibrant event brought together cultures from around the world through a lively marketplace, fashion shows, and cultural performances. We celebrated diversity, creativity, and global unity – all while inspiring everyone to lead healthier, more active lives! We welcomed everyone at the venue and shared exciting & exclusive pre-launch deals for our upcoming franchise at Sector 7.



EVENTS

INDEPENDENCE DAY CELEBRATION AT PRO ULTIMATE CORPORATE OFFICE

Our corporate office came alive with patriotic spirit as we celebrated Independence Day with great enthusiasm. Employees were dressed in the vibrant colors of the tricolor, adding to the festive atmosphere. The workspace was decorated in the colors of the tricolor, creating a vibrant atmosphere of unity and pride. Employees actively participated in fun activities that highlighted the spirit of freedom and togetherness. It was a memorable celebration that not only honored our nation's journey but also strengthened the bond among colleagues.



TESTIMONIALS

BY FRANCHISE PARTNERS



AASHISH

SECTOR 62, GURUGRAM

Joining Pro Ultimate has been truly special. From day one, the guidance, motivation, and support I received have been incredible. I'm deeply thankful to Pankaj Sir and Karanpreet Sir for constantly pushing me to give my best, and to our founders—Abhishek Sir, Anupam Ma'am, and Mohinder Sir—whose vision and encouragement inspired me every day. Special thanks to Tanya Ma'am for her positivity, and to AGM Sir, Jitender Sir, Bedi Sir, Vishal Puni Sir, and Harpreet Sir, whose leadership and experience have shaped my journey. Pro Ultimate has been more than work—it has been a family that uplifts, supports, and transforms.

PANKAJ YADAV

UTTAM NAGAR, DELHI

I've always been passionate about fitness as a way to build discipline, confidence, and community, even though my career has been in real estate. Opening a gym wasn't on my radar—until my friends Nitish and Rohit introduced me to Abhishek Sir and Mohinder Sir of Pro Ultimate Gyms. From day one, I realized this wasn't just another fitness chain but a brand built on vision, quality, and a proven system for success. For us, it was never about opening a gym—it was about joining a movement that has scaled while staying true to its values. We're proud to bring Pro Ultimate Gyms to our community, carrying forward a legacy of strength, innovation, and commitment to members. This is more than a gym—it's a partnership with the best.



NEW ON YOUTUBE



Abhishek Gagneja - Pro Ultimate •

@proultimate.gymequipment • 247K subscribers • 1.2K videos

Welcome to the Pro Ultimate - Gym Equipment YouTube Channel - your go-to source for ...more
instagram.com/proultimate.gymequipment and 3 more links

Subscribed



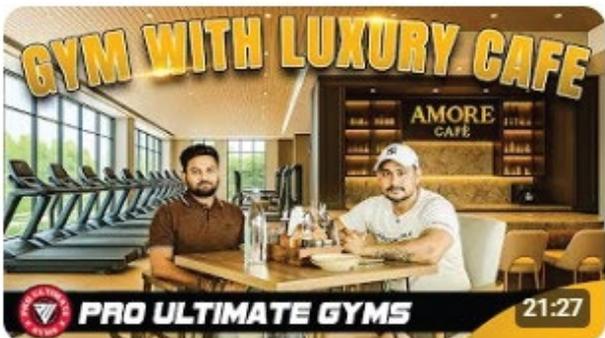
Game Changer | Glute Builder Series | 1st time in India

3.5K views • 2 weeks ago



How to Start a New Gym? - Step by Step Guide | Complete Gym Setup | Pro Ultimate

11K views • 3 weeks ago



Luxury Gym With Cafeteria | Pro Ultimate Gyms - Wave Estate | Full Walkthrough

5.5K views • 1 month ago



TOP 3 Treadmills in India | Pro Ultimate

5.5K views • 1 month ago



TOP 3 Cross Trainer in India | Pro Ultimate

5.2K views • 1 month ago



Building a Gym Empire | 1000 Crore ka Business | Pro Ultimate Gyms

1.5K views • 1 month ago



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IMPORTANT



SCHEDULE FOR OCTOBER 2025

Training / Meeting	Date	Venue	For
Sales Meeting	4 th October	Offline - NCR	NCR Branches
	6 th October	Offline - Corporate office	Tricity Branches
	7 th October	Offline - Corporate office	Other Regions
	8 th October	Online	Remote Branches
New Joinee Induction Training	9 th & 10 th October	Offline - NCR	Newly Hired Sales Staff, Trainers, Floor Managers & Owners
New Joinee Software Training	11 th October	Online - NCR	Newly Hired Sales Staff, Trainers, Floor Managers & Owners
New Joinee Induction & Software Training	15 th & 16 th October	Offline - Corporate office	Newly Hired Sales Staff, Trainers, Floor Managers & Owners



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