



PRO ULTIMATE GYMS



NEWSLETTER

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FEBRUARY 2026





EDITION #19

PRO ULTIMATE GYMS

MONTHLY NEWSLETTER **FEBRUARY 2026**

what's New? 
**RAPIDLY GROWING
WITH MANY MORE
NEW BRANCHES**

Proud Moment for Pro Ultimate Gyms:

**FITNESS PARTNER FOR
THE INDIAN NAVY HALF MARATHON**

TRAINERS OF THE MONTH



Abhi

Pro Ultimate Gyms,
Sector 16, Faridabad



Ajay

Pro Ultimate Gyms,
Dhakoli, Zirakpur



Aman

Pro Ultimate Gyms,
TDI Mohali



Ankit Bhardwaj

Pro Ultimate Gyms,
Phase 2, Mohali



Anmol Singh

Pro Ultimate Gyms,
Bank Square, Kharar



Arun

Pro Ultimate Gyms,
Phase 11, Mohali



Arwaz Khan

Pro Ultimate Gyms,
Sector 49, Noida



Davinder

Pro Ultimate Gyms,
Bathinda 2



Deepak

Pro Ultimate Gyms,
Sector 14, Gurugram



Harjot Singh

Pro Ultimate Gyms,
Ludhiana 3



Harkirat

Pro Ultimate Gyms,
Airport Road, Mohali



Harsh

Pro Ultimate Gyms,
Rajendra Nagar, Dehradun

TRAINERS OF THE MONTH



Himanshu
Pro Ultimate Gyms,
Sector 102, Gurugram



Himanshu
Pro Ultimate Gyms,
Sunny Enclave



Himanshu
Pro Ultimate Gyms,
Ambala 1



Inder
Pro Ultimate Gyms,
Khanpur



Karan
Pro Ultimate Gyms,
Bathinda 1



Karanjot
Pro Ultimate Gyms,
Sector 71



Keshav
Pro Ultimate Gyms,
Emaar Mohali Hills



Kohinoor
Pro Ultimate Gyms,
Patiala Road, Zirakpur



Komalpreet Singh
Tank's Gym,
Mohali



Mohit
Pro Ultimate Gyms,
Sector 70, Mohali



Omar
Pro Ultimate Gyms,
Uttam Nagar



Panday Yadav
Pro Ultimate Gyms,
Model Town, Delhi

TRAINERS OF THE MONTH



Paras

Pro Ultimate Gyms,
Model Town, Jalandhar



Pawan

Pro Ultimate Gyms,
Bathinda 3



Pawan

Pro Ultimate Gyms,
Sector 32, Chandigarh



Pawandeep Singh

Pro Ultimate Gyms,
Ludhiana 2



Sachin

Pro Ultimate Gyms,
Sector 17, Dwarka



Sawan

Pro Ultimate Gyms,
Sector 91, Mohali



Shashi

Pro Ultimate Gyms,
Patiala 2



Shivam

Pro Ultimate Gyms,
Sector 85, Mohali



Shubham

Pro Ultimate Gyms,
Sector 44, Chandigarh



Suhail

Pro Ultimate Gyms,
Saket



Sumit

Pro Ultimate Gyms,
Sector 57, Gurugram



Tarun

Pro Ultimate Gyms,
Patiala 1

TRAINERS OF THE MONTH



Balram

Pro Ultimate Gyms,
Sector 8, Panchkula



Amarsh

Pro Ultimate Gyms,
Sector 8, Panchkula



Gurjeet

Pro Ultimate Gyms,
Sector 14, Panchkula



Navpreet

Pro Ultimate Gyms,
Sector 46, Chandigarh



Piyush

Pro Ultimate Gyms,
MDC, Panchkula



Rakshit

Pro Ultimate Gyms,
Sector 7, Chandigarh



Nikhil

Pro Ultimate Gyms,
GMS Road, Dehradun



Raman

Pro Ultimate Gyms,
Omaxe, New Chandigarh



Ravi

Pro Ultimate Gyms,
Mahavir Enclave



Mohit Thakur

Pro Ultimate Gyms,
Sector 62, Gurugram



Shivam Dixit

Pro Ultimate Gyms,
Hargobind Enclave, Delhi



Tushar Punia

Pro Ultimate Gyms,
Sector 48, Gurugram

TRAINERS OF THE MONTH



Vimlesh Kumar

Pro Ultimate Gyms,
Sector 89, Mohali



Vinay

Pro Ultimate Gyms,
Sector 38, Chandigarh



Vineet

Pro Ultimate Gyms,
Lucknow



**YOU CAN BE
NEXT**

Congratulations to all the Winners!

Your hard work and dedication are clearly reflected in the impressive performance you've given. Best of luck to all the other trainers from all the gyms for next month! Keep up the great work !

BRANCHES OF THE MONTH



**Pro Ultimate Gyms,
Sector 48, Gurugram**

Winner for both: December'25 & January'26



**Pro Ultimate Gyms,
Hubballi, Karnataka**

BRANCHES OF THE MONTH



**Pro Ultimate Gyms,
Sector 38, Chandigarh**

SPECIAL ACHIEVEMENTS OF THE MONTH



**Pro Ultimate Gyms,
Geeta Colony, Delhi**

EXCEPTIONAL ACHIEVEMENT IN GENERAL TRAINING



Harkirat Singh,
Airport Road, Mohali

ASMs OF THE MONTH



Divyansh
ASM, Pro Ultimate Gyms



Sumit
ASM, Pro Ultimate Gyms

SPECIAL ACHIEVEMENTS OF THE MONTH



**Pro Ultimate Gyms,
Block DP, Pitampura**



**Pro Ultimate Gyms,
Ashok Vihar, Delhi**

FLOOR MANAGERS OF THE MONTH



Rohit
Hubballi



Ravi
Sector 48, Gurugram



Vivek
Sector 8, Panchkula

NEWLY PROMOTED SR SALES EXECUTIVES



Sandhya
Sector 57, Gurugram



Riya
Dhakoli, Zirakpur



Gaurav Gill
Sector 48, Gurugram

NEWLY PROMOTED FLOOR MANAGERS



Palash
Geeta Colony



Jaspreet Singh
Sector 89, Mohali



Jitendra
Sector 57, Gurugram



NEW BRANCHES

NOW OPEN

Sector 24, Rohini, Delhi
Paschim Vihar, Delhi
Block DP, Pitampura, Delhi
Sarabha Nagar, Ludhiana



OPENING SOON

Gomti Nagar, Lucknow
Chattarpur, Delhi
Race Course, Dehradun
Sector 122, Noida
Hisar, Haryana
Siliguri, West Bengal
Sector 22, Noida
Sector 141, Noida
Nawanshahr, Punjab
Rajender Nagar, Ghaziabad
Shahabad, Haryana
Tonk Road, Jaipur
Sector 10, Gurugram
Sector 86, Faridabad
Deepali Enclave, Pitampura

Haibowal Road, Ludhiana
Jail Road, Delhi
Bhiwadi, Rajasthan
VIP Road, Zirakpur
Rajouri Garden, Delhi

INDIA'S FASTEST GROWING GYM CHAIN

EVENTS

INDIAN NAVY HALF MARATHON FITNESS PARTNER: PRO ULTIMATE GYMS

PUG X INHM: Supporting the Best of the Best!

Pro Ultimate Gyms was honored to serve as the official fitness partner for the Indian Navy Half Marathon (INHM) - 2nd Edition in New Delhi!

Partnering with the Indian Navy was a moment of immense pride for us. From sailing the high seas to running on land, we were delighted to stand alongside our sailors and the community to #RunWithTheNavy.

Highlights from the event:

- **Massive Scale:** Over 14,000 runners from across India and the globe participated in what has quickly become the country's second-best marathon.
- **The Bib Expo at JLN Stadium:** Pro Ultimate stole the show with high-energy fitness challenges like Clock Pushups and Dart Games, giving away exciting prizes to the winners.
- **Pro Ultimate Apparel:** Our newly launched activewear saw incredible popularity among the participants during the two-day expo.
- **Flawless Execution:** From perfectly paved routes and optimal hydration to the presence of sports icons like Saina Nehwal, the event offered a premier experience for every runner.

We were proud to share the stage with prestigious brands like New Balance, The Whole Truth Foods, and MuscleBlaze, all contributing to an electric atmosphere.

For us, this collaboration was a "landmark" reaffirming our commitment to delivering the best to the best. It is these journeys and partnerships that define our mission.

Looking forward to many more!





EVENTS

SUTRA NETI

YOGA SESSION BY PUG SECTOR 48, GURUGRAM

The Sutra Neti Session by Kasrat Group offered a rejuvenating wellness experience focused on conscious breathing and inner harmony. Led by **FM Ravi from the Sec 48 branch**, the early-morning session introduced participants to the traditional yogic nasal cleansing technique, along with kasrat, and a guided yoga practice. The session aimed to help members start their day feeling refreshed, centered, and energized. Conducted in a calm and serene setting, special emphasis was placed on correct techniques, breath control, and relaxation methods, making it ideal for both beginners and experienced practitioners. This initiative highlighted Pro Ultimate Gyms' commitment to holistic health by integrating physical training with authentic yogic traditions for complete well-being.



EVENTS

LOHRI CELEBRATION AT CORPORATE OFFICE

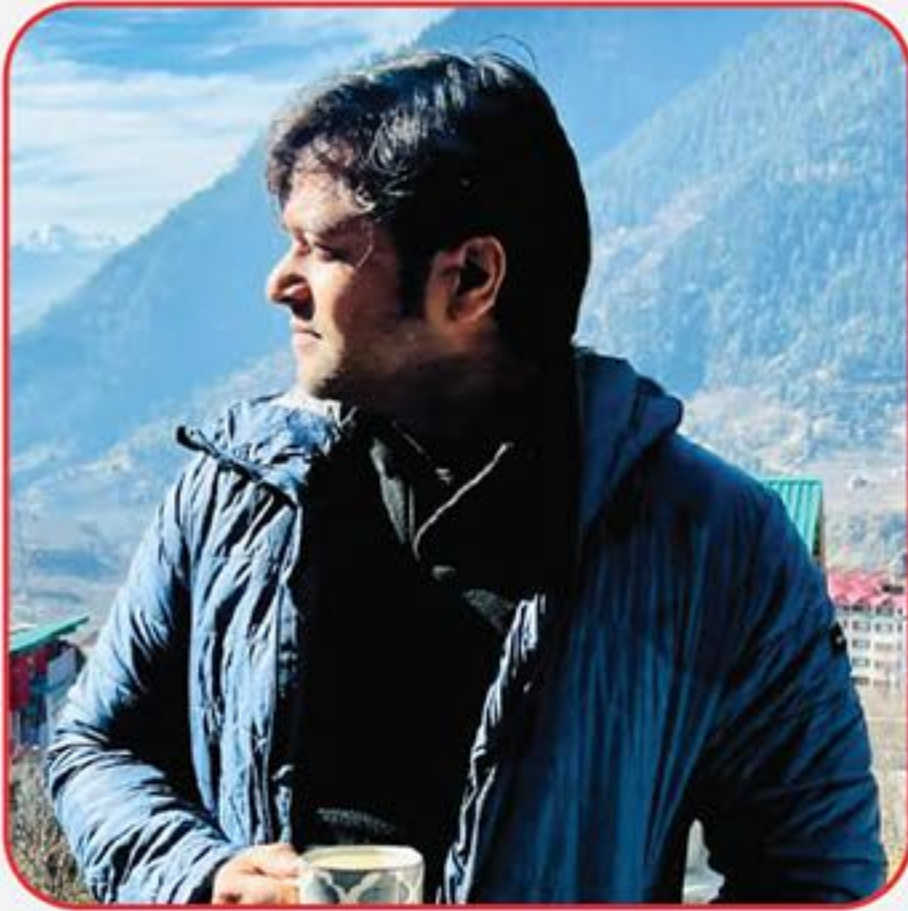
Celebrating the warmth of Lohri at Pro Ultimate!

The Lohri celebration at Pro Ultimate Corporate Office was a vibrant and joyful occasion, bringing the entire team together to celebrate the spirit of harvest, gratitude, and new beginnings. The office came alive with the warmth of symbolic bonfire, creating an atmosphere filled with positivity and unity. Team members enjoyed the dhol beats, festive treats, and shared laughter, strengthening bonds beyond work. The celebration reflected Pro Ultimate's culture of togetherness, appreciation, and collective growth — marking the season with high energy and heartfelt cheer.



TESTIMONIALS

BY FRANCHISE PARTNERS



ANKIT KUMAR

SECTOR 141, NOIDA

It has been an amazing journey with Pro Ultimate so far. From my very first interaction with Vishal Sir, the support and guidance were exceptional. He personally helped us understand the complete process and finalize the best location in Delhi NCR. The foundational training, new owner training, and monthly sales training were all well-structured and organized, clearly showing how different Pro Ultimate is from other brands. With Abhishek Sir's vision and motivation, I feel strongly aligned with the brand's direction. I don't just want to be a franchise owner – I want to contribute to the brand's bigger success. I'm proud to be part of Pro Ultimate and excited to grow together and achieve great milestones ahead.

MOHAK MAKKAR

SECTOR 10, GURUGRAM

I began my journey with Pro Ultimate Gyms on 1st January 2022 as a Sales Executive at the Sector 127, Mohali branch under the mentorship of Anurag Bhatia Sir. That experience shaped my growth and inspired me to own a gym one day. Today, on 3rd January 2026, I'm proud to share that I have finalized my own Pro Ultimate Gyms in Sector 10A, Gurugram. This milestone was possible because of the constant support of Abhishek Sir, Suryansh Sir, Anupam Ma'am, Mohinder Sir, and Tanya Sharma Ma'am. It has been a journey full of learning and challenges, but the trust and motivation from the Pro Ultimate family kept me moving forward. I'm truly grateful to everyone who supported me along the way.



NEW ON YOUTUBE



Abhishek Gagneja - Pro Ultimate

@proultimateindia • 290K subscribers • 1.4K videos

Welcome to the Pro Ultimate - Gym Equipment YouTube Channel - your go-to source for...

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6.3K views • 1 month ago



India's BIGGEST Gym - Club 72 Gym | Walkthrough with Amit Agre @Amit Agre

Abhishek Gagneja - Pro Ultimate and Amit Agre
40K views • 2 weeks ago



Complete Gym Setup in 10 Lacs | Pro Ultimate

4.1K views • 4 days ago



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IMPORTANT

**SALES MEETING
SCHEDULE FOR
March 2026**

**WILL BE UPDATED IN
THE COMMUNITY**

STAY TUNED!



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