PRO ULTIMATE GYMS

NEWSLETTER

NEWSLETTER

OCTOBER 2026

PRO ULTIMATE GYMS

EDITION #24

MONTHLY NEWSLETTER **OCTOBER 2026**

< Announcements >

1ST BRANCH IN MAHARASTRA!

COMING SOON

World Heart Day 2026:

TOGETHER WE MOVE, TOGETHER WE THRIVE

TRAINERS OF THE MONTH



Abhishek
Pro Ultimate Gyms,
Uttam Nagar, Delhi



Abhishek
Pro Ultimate Gyms,
Panipat, Haryana



Saikat
Pro Ultimate Gyms,
Airport Road, Mohali



Ajay
Pro Ultimate Gyms,
Sector 70, Mohali



Akansha
Pro Ultimate Gyms,
Sector 86, Faridabad



Amandeep
Pro Ultimate Gyms,
Sector 117 TDI, Mohali



Amandeep
Pro Ultimate Gyms,
Sarabha Nagar, Ludhiana



Anoop
Pro Ultimate Gyms,
Sector 16, Faridabad



Anshul
Pro Ultimate Gyms,
Sector 8, Panchkula



Rohit
Pro Ultimate Gyms,
Sector 8, Panchkula



Antar
Pro Ultimate Gyms,
Sunny Enclave, Kharar



Arjun
Pro Ultimate Gyms,
Panipat, Haryana

TRAINERS OF THE MONTH



Asad
Pro Ultimate Gyms,
Chattarpur Enclave, New Delhi



Ashu
Pro Ultimate Gyms,
Model Town, Ambala



Ayush
Pro Ultimate Gyms,
Sector 56 Gurugram



Azad Rathi
Pro Ultimate Gyms,
Sector 56 Gurugram



Chirag
Pro Ultimate Gyms,
Ambala Cantt, Haryana



Deepak
Pro Ultimate Gyms,
Janakpuri, New Delhi



Gaurav
Pro Ultimate Gyms,
Aerocity, Mohali



Gaurav
Pro Ultimate Gyms,
Race Course, Dehradun



Hemant
Pro Ultimate Gyms,
Sector 105, Emaar



Hussain
Pro Ultimate Gyms,
Hubballi, Karnataka



Keshav
Pro Ultimate Gyms,
Paschim Vihar, Delhi



Mohit
Pro Ultimate Gyms,
Rajendra Nagar, Ghaziabad

TRAINERS OF THE MONTH



Jagdeep
Pro Ultimate Gyms,
Phagwara, Punjab



Jasvir
Pro Ultimate Gyms,
Nawanshahr, Punjab



Karamjot
Pro Ultimate Gyms,
Sector 40, Chandigarh



Krish
Pro Ultimate Gyms,
Sector 22, Noida



Lalit
Pro Ultimate Gyms,
Sec 14, Panchkula



Mani
Pro Ultimate Gyms,
Omaxe Plaza, Ludhiana



Manoj
Pro Ultimate Gyms,
Sector 17, Dwarka, New Delhi



Mohit
Pro Ultimate Gyms,
Sector 38-C, Chandigarh



Mukesh
Pro Ultimate Gyms,
Phase 2, Mohali



Naveen
Pro Ultimate Gyms,
Sector 10-A, Gurugram



Parmjeet
Pro Ultimate Gyms,
Karnal, Haryana



Prawesh
Pro Ultimate Gyms,
Siliguri, West Bengal

TRAINERS OF THE MONTH



Prayas
Pro Ultimate Gyms,
Jail Road, New Delhi



Raghav
Pro Ultimate Gyms,
Urban Estate Dugri, Ludhiana



Devdeep
Pro Ultimate Gyms,
Rajendra Nagar, Ghaziabad



Rishal
Pro Ultimate Gyms,
Khanpur, Kharar



Sanjan
Pro Ultimate Gyms,
Chattarpur Enclave, New Delhi



Saurabh
Pro Ultimate Gyms,
Gulmohar, Bhopal



Sawan
Pro Ultimate Gyms,
Sector 91, JLPL, Mohali



Gurkirat
Pro Ultimate Gyms,
Sector 71, Mohali



Shivam
Pro Ultimate Gyms,
Yamunanagar, Haryana



Shivam
Pro Ultimate Gyms,
Wave Estate, Mohali



Shubham
Pro Ultimate Gyms,
Sector 44-C, Chandigarh



Sukhdev
Pro Ultimate Gyms,
Sirhind, Fathehgarh Sahib

TRAINERS OF THE MONTH



Sumit
Pro Ultimate Gyms,
Sector 23, Dwarka, Delhi



Mukul
Pro Ultimate Gyms,
Hisar, Haryana



Vicky
Pro Ultimate Gyms,
Block DP-1 , Pitampura



Vikas
Pro Ultimate Gyms,
Sector 38-C, Chandigarh



Nikhil
Pro Ultimate Gyms,
GMS Road, Dehradun



Vikram
Pro Ultimate Gyms,
Sector 141, Noida



Vishu
Pro Ultimate Gyms,
Omaxe, New Chandigarh



Vivek
Pro Ultimate Gyms,
Sector 46-C, Chandigarh



Abhishek
Pro Ultimate Gyms,
Palam Vihar, Gurugram



Amaan
Pro Ultimate Gyms,
Rajouri Garden, Delhi



Deepak
Pro Ultimate Gyms,
100 ft Road, Bathinda, Punjab



Hameed
Pro Ultimate Gyms,
Park Panorama, Bathinda

TRAINERS OF THE MONTH



Honey
Pro Ultimate Gyms,
Paras Ram Nagar, Bathinda



Ishan
Pro Ultimate Gyms,
Sector 62, Gurugram



Kunal
Pro Ultimate Gyms,
Sector 57, Gurugram



Pandaya
Pro Ultimate Gyms,
Model Town 2, New Delhi



Shekhar
Pro Ultimate Gyms,
Sector 48, Gurugram



Vishu
Pro Ultimate Gyms,
Omaxe, New Chandigarh



Eknoor
Pro Ultimate Gyms,
Mukut House, Amritsar



Jeet
Pro Ultimate Gyms,
Mahavir Enclave, New Delhi



Sachin
Pro Ultimate Gyms,
DLF Galleria, Gurugram



Parveen
Pro Ultimate Gyms,
Sector 102, Gurugram



Zain
Pro Ultimate Gyms,
New Delhi, Saket



YOU CAN BE
NEXT

BRANCHES OF THE MONTH



Pro Ultimate Gyms,
Airport Road, Mohali



Pro Ultimate Gyms,
Yamunanagar, Haryana

BRANCHES OF THE MONTH



Pro Ultimate Gyms,
Sector 57, Gurugram



Pro Ultimate Gyms,
100 ft Road, Bathinda, Punjab

SPECIAL ACHIEVEMENTS OF THE MONTH



Pro Ultimate Gyms,
Meerut, Uttar Pradesh



Pro Ultimate Gyms,
Palam Vihar, Gurugram

RSM OF THE MONTH



Navjot

RSM, Pro Ultimate Gyms

ASMs OF THE MONTH



Atul

Tricity Region



Sumit

Punjab Region



Abhishek

Delhi - NCR

FMs OF THE MONTH



Aman Verma
Haryana Region



Harkirat
Tricity Region



Harsh
Remote Region



Amir
Delhi - NCR Region

NEWLY PROMOTED
SR. SALES EXECUTIVES



Gunjan
Sector 38, Ludhiana



Laxmi
Sector 44-C, Chandigarh



Konica
Sector 22, Noida



Shanu
GMS road, Dehradun

NEWLY PROMOTED
FLOOR MANAGER



Sanjan
Chattarpur Enclave, New Delhi

NEW BRANCHES



NOW OPEN

Sunam, Sangrur
Vasundhara, Ghaziabad
Sector Beta - 1, Greater Noida
Saharanpur, UP

OPENING SOON

Pusa Road, Karol Bagh, Delhi
Ranbir College Rd, Sangrur
Phase 2, Ashok Vihar, Gurugram
Raebareli Rd, Lucknow
Manjalpur, Vadodara
Noida Extension, Greater Noida west
Sector 104, Noida
Nabha, Punjab
Dwarka Mor, Delhi
Model Town, Rohtak
Rajpur Rd, Dehradhun
Khurram Nagar, Lucknow
Sri Ganganagar, Rajasthan
Samrala, Punjab
Indirapuram, Ghaziabad
Phase 3B2, Mohali
Aradhyam Mall, Ghaziabad

Sector 27, Noida
YPS Market, Patiala
Ashok Nagar, Ghaziabad
GT Road, Ludhiana
Bhosari Alandi Road, Pune

INDIA'S BIGGEST GYM CHAIN

EVENTS

LIVATHON – HEARTS IN ACTION

MOVING TOGETHER FOR STRONGER HEARTS

Pro Ultimate Gyms proudly partnered in **Livathon – Hearts in Action,** held at Sukhna Lake, Chandigarh, on 27 September to celebrate World Heart Day. The event brought together fitness enthusiasts, runners, and cyclists to promote heart health and active living. Our team energized participants with aerobics, interactive warm-ups, and fitness activities, while the event featured a cyclothon, walkathon, health talks, and fitness challenges. Through this initiative, Pro Ultimate Gyms reinforced its commitment to inspiring healthier lifestyles and building a fitter, stronger community **because every step towards fitness is a step towards a healthier heart.**







TESTIMONIAL
BY FRANCHISE PARTNERS



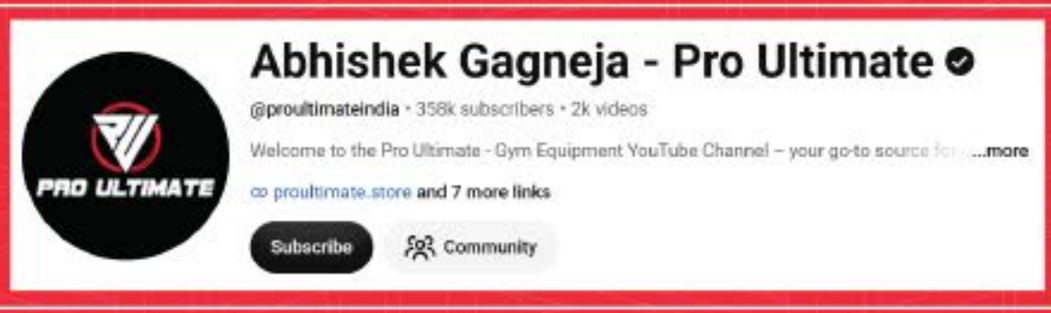
RAHUL THUKRAL
ARADHYAM MALL, GHAZIABAD

One of the key reasons I chose to associate with Pro Ultimate Gyms is the inspiring vision of Abhishek Sir. His determination to build a strong presence in the fitness industry and his commitment to making quality fitness accessible to more people reflect the kind of leadership that motivates aspiring entrepreneurs like me.

As the upcoming franchise owner at Aradhyam Shopping Mall, Ghaziabad, I am grateful for the exceptional guidance and support extended by Nehha Sharmma Ma'am and Vishal Punni Sir. Their professionalism, approachable nature, and commitment to addressing every query have made the entire process smooth and reassuring.

Their support has strengthened my confidence in this venture, and I look forward to contributing to Abhishek Sir's vision while bringing a quality fitness experience to the people of Ghaziabad. I am proud to be joining the Pro Ultimate Gyms family and excited to begin this new chapter of growth and success.

NEW ON YOUTUBE





Inside India's BIGGEST Gym Equipment Showroom | Pro Ultimate

▷ 11k 1 mo ago



The Reality of a ₹1.5 Crore Gym Business! | Cost, Equipment & ROI Breakdown

▷ 13k 1 mo ago



Don't Buy Gym Equipment Before Watching This! ❌

▷ 19k 3 wk ago



Is This India's Most Luxury Gym? 😱 Ft. @IFBB PRO ANIK

Abhishek Gagneja - Pro Ultimate and IFBB PRO ANIK ▷ 10k 2...



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IMPORTANT

SCHEDULE FOR November 2026

Training / Meeting	Day & Date	Venue	For
Sales Meeting	3rd November, Tuesday	Online - Office Chat Room	Remote Branches
	4th November, Wednesday	Offline - Emaar Habitat Club	Tricity Branches
	5th November, Thursday	Offline - Emaar Habitat Club	Punjab Region
	13th November, Friday	Online - TBD	Delhi Branches
	14th November, Saturday	Online - TBD	Gurugram Branches
New Joinee Induction Training	18th & 19th Novemeber, Wednesday & Thursday	Offline - PUG, Hargobind Enclave, Delhi	Newly Hired Sales Staff, Trainers, FMs & Owners
		Offline - Tricity, Emaar Habitat CLub	Newly Hired Sales Staff, Trainers, FMs & Owners
New Joinee Software Training	19th November, Thursday	Offline - Tricity, Emaar Habitat CLub	Newly Hired Sales Staff, Trainers, FMs & Owners
		Offline - PUG, Hargobind Enclave, Delhi	Newly Hired Sales Staff, Trainers, FMs & Owners

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